



Pendraig Siberians
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Pendraig Feline Diet and Care Requirements

INTRODUCTION

At Pendraig Siberians "Naturally Reared, Naturally Raised, Naturally Superior" is more than just a slogan. It is a way of life. Our cats are naturally reared on a 100% all natural, holistic and raw supplemented diet & given only the vaccinations required by law. Any health problems, parasites or illnesses are dealt with using nutrition, herbs, homeopathy or other natural treatment. We do not use commercial flea products, de-wormers or common pet foods. We put a great deal of effort and time into researching the correct diet for our cats and assuring the absolute best health possible by not exposing them to harmful chemicals or toxins. This natural rearing model insures that our cats are the healthiest you will find anywhere and will ultimately have increased longevity over other lines as well as superior health for their entire lives.

As you can imagine, we want you as the new owner of a Pendraig cat or kitten to enjoy the benefits of this Naturally Superior way of life. To that end we have developed these guidelines for our Diet and Care Requirements. We request that any prospective owners make themselves acquainted with our naturally rearing model. We are more than happy to discuss this with you one on one, answer any questions, and help you understand exactly how and why we raise our animals this way. Before contacting us, however, be sure to read our Pet Health Page which has many articles and links to animal health care issues. Specifically pay attention to the resources we have listed at the end of this article. The Contract you sign when purchasing a Pendraig Siberian will be the final authority as to your health guarantee. If you would like to try your hand at the Ideal or Advanced diets be sure to tell us and we will revise the contract.

NOTE: This document is for informational purposes only and does not replace the contract you will sign with the Seller upon purchase of your Pendraig Siberian Cat. In all cases the contract should be referred to and considered the primary and only source for the specifics of all guarantees and responsibilities. The only exception is the details of our diet and care program which and by signing this document you agree that you have read and understood our diet and care plans and will follow the plan you selected in your contract. **BUYER'S INITIALS** _____

Please let us know which diet you prefer. If you don't follow our advice than only the most basic health guarantee is provided as listed in the contract agreement.

Your kitten was raised holistically but not fed an exclusive raw diet. She/he was raised on a combination of dry and canned grain free foods and raw based on our recipe below. We do this so that the kittens will be



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accustomed to eating a variety of foods and will acclimate better to their forever homes.

Supplements as listed below in BOLD and UNDERLINED are mandatory and failure to provide them daily will void the health guarantee.

RAW DIET BENEFITS

- **Overall Improved Health** – Felines are obligate carnivores and not only do they not NEED massive amounts of carbohydrates but the presence of any, much less a diet made up mostly of, grains and rice can be detrimental to their health. Diabetes and renal failure are both connected to high carbohydrate intake. You can expect your cat to live a very long and healthy life on our raw and natural diet.
- **Improved Temperament** – Our cats are happier. They enjoy their food, they bond with us as their caretakers when fed, and because they are at their peak health and vitality they are at their happiest as well.
- **Less shedding** – My cats shed about 75% less.
- **Shiny & Glossy Coats** – the coats are extremely shiny and glossy and super soft. When we do brush it is very easy to do with no matting (which is rare for Siberians anyway) and enjoyable.
- **Less litter box odor** – their feces are very dry and turn to chalk pretty quickly. Though it does still smell it isn't noticeable unless you are very close by which isn't what we experienced before. On premium kibble, and worse on canned foods, we knew if a cat used the litter box from any room in our house. Now we don't unless we hear them moving the litter around. The urine also smells less because it isn't cleaning out massive amounts of toxins.
- **Less waste** – your litter box will go longer between cleanings and scooping because their waste is much more compact. They also drink a lot less water trying to combat the dehydration effects and the toxins in commercial kibbles and canned food.
- **Less Fur-balls** –because they shed less they ingest a lot less fur. What hair doesn't get moved through their digestive track is minimal and by supplying cat grass you can virtually eliminate the gagging and hacking of fur-balls. Cat grass encourages regurgitation.
- **Nicer breath** – Our cats no longer suffer from bad breath. It isn't minty fresh but it no longer smells terrible. This is probably because there are no carbohydrate food particles rotting in their teeth or maybe because the level of good bacteria is keeping the smell down. Either way we enjoy the benefits.
- **Extremely Healthy and Clean Teeth and Gums** – because their diet isn't high in carbohydrates or toxins their body can eliminate bad bacteria in the mouth and thus there is less plaque and tarter build up. Their gums are also a lot healthier because of the probiotics in their



food helping to maintain the balance of good and bad bacteria. Their saliva is less acidic as they no longer need to digest the unnatural grains in their diet which produces less corrosion on the teeth. The teeth and gums are better nourished because the grains aren't depleting their body of nutrients. A cat raised on this diet should never need veterinary oral care.

- **Your Cat Feels Loved** – Because you expend so much time and energy making their food your cats know how much you love them. You are their caregiver, food provider and ultimate authority. Your love goes into each bowl of food to be seen in the eyes of your furry companion.

OUR HEALTH GUARANTEES

You won't find such a comprehensive health guarantee offered anywhere else. And you also have the flexibility to choose which Diet & Care Plan fits your lifestyle. Those who go the extra mile will receive the most comprehensive coverage anyone offers and those who meet us half way still get an amazingly long health guarantee. Those that go with our most basic plan still benefit from an above average health guarantee and the peace of mind of knowing that each and every cat and kitten at Pendraig Siberians is raised with the utmost care and holistically to insure the best start in life.

Ideal Health Guarantee

- **Requirements** - to qualify for this guarantee you must follow our Ideal Diet and Care Plan. The requirements include, but are not limited to, the following items.
 1. Your Siberian Cat or kitten must be fed a 100% raw diet at all times as outlined below.
 2. He/She must receive no vaccinations with the exception of those required by law and with certain restrictions outlined below.
 3. He/She must not be subjected to allopathic medications, flea and de-worming products without prior approval of Pendraig Siberians except in the case of life-threatening emergency.
 4. No vaccine will be given to a cat or kitten within 30 days of another vaccine, surgery, injury, treatment, breeding, pregnancy, nursing kittens or other stress.
 5. Any use of clay clumping cat litter will void out any health guarantee and receipts and UPC symbols for



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natural litters will be required before reimbursement or replacement.

6. Annual reports must be sent to us including health records, receipts and UPC Symbols for food and litter products as well as at least 1 quality photo. Failure to supply the annual reports may void your health guarantee and must be received by January 31st of each year.
7. Your cat/kitten must NEVER be declawed without prior written consent from Pendraig Siberians.
8. To receive the guarantee we require documentation from your vet and a second opinion from a vet of our choosing to verify cause of death or diagnosis before we will honor the guarantee.
9. For untimely death a necropsy must be performed by a qualified professional. Buyer is responsible for all shipping, care and veterinary costs.

- **Ideal Guarantee Includes:** Guaranteed Free of Severe and Life Threatening Genetic Disease for 8 years - this is the most comprehensive coverage you will most likely ever see. If you follow our Ideal Diet and Care Plan exactly you won't need this coverage, but in the off-chance that there is some unforeseen genetic disorder your Siberian Cat will be replaced by one of equal value even if you choose to keep the original Siberian Cat. Severe and Life Threatening Genetic disease or disorder includes anything that interferes with the animal's quality of life and not caused or triggered by vaccinosis, injury, accident, side-effects or reaction to medications or chemicals, improper care or diet. In the case of a Siberian Cat bought for breeding or showing it also includes any genetic disorder that prevents their use as such. Declawing your Siberian Cat or kitten without written approval of Pendraig Siberians voids any and all health guarantees. This guarantee doesn't cover appearance nor does it guarantee that a show kitten will perform well. Guarantee is subject to limitations, verification of illness by a vet of our choice and verification of diet and care. Buyer is responsible for all shipping, care and veterinary costs.
- **Extended Guarantee Includes:** Guaranteed Free of Severe and Life Threatening Genetic Disease for 12 years - This is the same guarantee as above but if your Siberian Cat is diagnosed with a genetic disease or disorder between ages 8 and 12 years of age we will instead offer up to 50% off the original purchase price of your Siberian kitten or cat towards another Siberian kitten or cat when one is available. Guarantee is subject to limitations, verification of illness by a vet of our choice and verification of diet and care. Buyer is responsible for all shipping, care and veterinary costs.
- **Natural Life Span Guaranteed!** Guaranteed Natural Life Span of at least 2 years - this is the most comprehensive coverage you will most likely ever see. If your Siberian Cat or kitten dies of natural causes (disease or illness) and not as the result of injury, accident, improper care, irresponsible exposure to



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- disease, abuse, vaccinosis, side-effect or reaction to medication or allopathic treatment, or breeding complication before 10 years of age we will replace the Siberian kitten or cat with one of equal value when one becomes available. This guarantee only applies if reasonable medical care was sought with preference being given to homeopathic and herbal remedies. The buyer must contact us immediately after symptoms are noticed or when a diagnosis is reached, whichever comes first. Buyer is responsible for all shipping, care and veterinary costs. Guarantee is subject to limitations, verification of illness by a vet of our choice and verification of diet and care. We require a necropsy by a qualified pathologist, buyer is responsible for costs. The report must be sent to us immediately.
- **Extended Natural Life Span of at least 12 years** - if your Siberian Cat or kitten dies of natural causes (disease, illness) and not as the result of injury, accident, improper care, irresponsible exposure to disease, abuse, vaccinosis, side-effect or reaction to medication or allopathic treatment, or breeding complication before 12 years of age we will offer a credit worth 50% of what you paid for the previous cat or kitten towards another cat or kitten. This guarantee only applies if reasonable medical care was sought with preference being given to homeopathic and herbal remedies. The buyer must contact us immediately after symptoms are noticed or when a diagnosis is reached, whichever comes first. A necropsy must be performed by a qualified pathologist and the report sent to the Seller. Buyer is responsible for all shipping, care, necropsy and veterinary costs. Guarantee is subject to limitations, verification of illness by a vet of our choice and verification of diet and care.
 - **Breeder Quality Guarantee** - breeder quality Siberian Cats and kittens are guaranteed to produce at least one live litter that survives 2 weeks with proper care by the owner if the breeder cat has been raised and maintained on our Ideal Diet and Care plan and if the cat is bred after 1 year of age but before 4 years of age. If a breeder cat has not been able to produce a litter with more than 2 different mates a replacement breeder cat or kitten of equal value will be offered when one becomes available after proof of altering of original cat or after the cat has been sent back to Seller. Guarantee is subject to verification by a veterinarian of our choice as to the health of the cat in question, limitations and verification of diet and care. If replacement is not preferred by the buyer than up to 50% of the cost of the breeder quality kitten will be refunded at our discretion and only after proof of spay/neuter is provided by a licensed veterinarian. This is subject to limitations. The buyer must contact the breeder at the first suspected problem with breeding or if there are any problems with the kittens thriving. If more than 2 cats from our cattery fail as breeders with the same owner no guarantee will be given on the 3rd kitten. If replacement or refund is issued the cat being replaced or refunded must be spayed or neutered prior to fulfillment of this guarantee. Proof of spay or neuter is required. This guarantee does not cover any death or injury to the cat while being bred or during pregnancy and delivery. This guarantee is not valid in cases of sterility, illness, or death caused by sexually



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transmitted diseases, improper care, injury or accident. Buyer is responsible for all shipping, care and veterinary costs.

Advanced Health Guarantee

- **Requirements** - to qualify for this guarantee you must follow our Advanced Diet and Care Plan. The requirements include, but are not limited to, the following items.
1. Your Siberian kitten or cat must be fed a 50% raw diet at all times as outlined below with absolutely no dry grain-based foods (kibble) given and only quality brands of grain-free canned foods, and dry foods on our approval.
 2. The Siberian kitten or cat must receive no more than the minimum vaccinations as described below in the advanced health care plan with certain restrictions outlined below.
 3. Your Siberian Cat must not be subjected to allopathic medications, flea and de-worming products without prior approval of Pendraig Siberians except in the case of life-threatening emergency.
 4. No vaccine will be given to a Siberian Cat or kitten within 30 days of another vaccine, surgery, injury, treatment, breeding, pregnancy, nursing kittens or other stress.
 5. Any use of clay clumping cat litter will void out any health guarantee and receipts and UPC symbols for natural litters will be required before reimbursement or replacement.
 6. Declawing your Siberian Cat or kitten without written approval of Pendraig Siberians voids any and all health guarantees.
 7. Annual reports must be sent to us including health records, receipts and UPC symbols for food, supplements and litter products as well as at least 1 quality photo. Failure to supply the annual reports may void your health guarantee and must be received by January 31st of each year.
 8. To receive the guarantee we require documentation from your vet and a second opinion from a vet of our choosing to verify cause of death or diagnosis before we will honor the guarantee. For untimely death a necropsy must be performed by a qualified professional. Buyer is responsible for all shipping, care and veterinary costs.

Guaranteed Free of Severe and Life Threatening Genetic Disease for 3 years

- this is the second most comprehensive coverage. If you follow our Ideal or Advanced Diet and Care Plan exactly you won't need this coverage, but in the off-chance that there is some unforeseen genetic disorder your Siberian Cat will be replaced by one of equal value even if you choose to keep the original Siberian Cat. Severe and Life Threatening Genetic disease or disorder includes anything that



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interferes with the animal's quality of life and was not caused or triggered by vaccinosis, injury, accident, side-effects or reaction to medications or chemicals, improper care or diet. In the case of a Siberian Cat bought for breeding or showing it also includes any genetic disorder that prevents their use as such. This guarantee doesn't cover appearance nor does it guarantee that a show kitten will perform well. Guarantee is subject to limitations, verification of illness by a vet of our choice and verification of diet and care. Buyer is responsible for all shipping, care and veterinary costs. In the case of death a necropsy must be performed by a qualified professional.

Extended Guarantee Free of Severe and Life Threatening Genetic Disease for 5 years - This is the same guarantee as above but if your Siberian Cat is diagnosed with a genetic disease or disorder between ages 3 and 5 years of age we will instead offer up to 50% of the original purchase price of your Siberian Cat or kitten towards another Siberian kitten or cat when one is available. Guarantee is subject to limitations, verification of illness by a vet of our choice and verification of diet and care. Buyer is responsible for all shipping, care and veterinary costs. In the case of death a necropsy must be performed by a qualified professional and the report sent to Seller.

Breeder Quality Guarantee - breeder quality Siberian Cats and kittens are guaranteed to produce at least one live litter that survives 2 weeks with proper care by the owner if the breeder cat has been raised and maintained on a our Advanced Diet and Care plan and if the cat is bred after 1 year of age but before 4 years of age. If a breeder Siberian Cat has not been able to produce a litter with more than 2 different mates a credit between the difference of a pet quality kitten and the price paid for breeder quality will be applied towards another cat or kitten when one is available. This guarantee is subject to verification by a vet of our choosing in regards to the health of the cat in question. Limitations and verification of diet and care apply. If replacement is not preferred by the buyer than up to 50% of the difference between breeder and pet quality price will be refunded at our discretion. This is subject to limitations. The buyer must contact the breeder immediately after a there suspected problem with breeding or if there are any problems with the kittens thriving. If more than 2 cats from our cattery fail as breeders with the same owner no guarantee will be given on the 3rd kitten. This guarantee does not cover any death or injury (including sterility) of the cat while being bred or during pregnancy, delivery, or nursing of kittens. This guarantee is not valid in cases of sterility, illness, or death caused by sexually transmitted diseases, improper care, injury or accident. Buyer is responsible for all shipping, care and veterinary costs.

General Health Guarantee

- **Requirements** – to qualify for this guarantee you must follow General Diet and Care minimum requirements. These requirements include, but are not limited to, the following items.
 1. Your cat or kitten must be fed a quality diet of one of the brands we recommend or have approved.



2. This guarantee is void if your cat or kitten is given a FeLV or FIP vaccination.
 3. No vaccine will be given to a cat or kitten within 30 days of another vaccine, surgery, injury, treatment or stress or this guarantee will be void.
 4. Any use of clay clumping cat litter will void out any health guarantee and receipts for natural or traditional litters will be required before reimbursement or replacement.
 5. Declawing your cat or kitten without written approval of Pendraig Siberians voids any and all health guarantees.
 6. Annual reports must be sent to us including health records, receipts & UPC symbols for food, supplements and litter products as well as at least 1 quality photo. Failure to supply the annual reports may void your health guarantee and must be received by January 31st of each year.
 7. To receive the guarantee we require documentation from your vet and a second opinion from a vet of our choosing to verify cause of death or diagnosis before we will honor the guarantee. For untimely death a necropsy must be performed by a qualified pathologist. Buyer is responsible for all shipping, care and veterinary costs.
- **Guaranteed Free of Severe and Life Threatening Genetic Disease for 24 months** – this is easily double the length most breeders offer. In the off-chance that there is some unforeseen genetic disorder your cat will be replaced by one of equal value even if you choose to keep the original cat. Severe and Life Threatening Genetic disease or disorder includes any genetic disorder that interferes with the animal's quality of life that is not caused or triggered by vaccinosis, injury, accident, illness, infection, side-effects or reaction to medications or chemicals, improper care or diet. In the case of a cat bought for breeding or showing it also includes any genetic disorder that prevents their use as such. This guarantee doesn't cover appearance nor does it guarantee that a show kitten will perform well. Certain disorders are triggered by feeding dry foods and will not be covered in this guarantee such as diabetes, renal failure, urinary tract disorders, obesity, and irritable bowel syndrome among others. This guarantee is subject to limitations, verification of illness by a vet of our choice and verification of diet and care. Buyer is responsible for all shipping, care and veterinary costs. Please refer to the contract for more detailed information.

OUR DIET AND HEALTH PLANS

Ideal Diet and Care Plan



- **Diet** – 100% raw diet, preferably our All Natural Raw Diet as described in the Ideal Diet section. Grass-fed meats and pastured poultrys are to be preferred over others. If you choose not to feed the recommended prepackaged raw products please contact us with your diet plan, ingredients, and feeding schedule for approval. Your cat should be fed and given water in glass bowls or stainless steel. Plastic should be avoided. Providing fresh filtered water (using a Brita Pitcher or Pur Filter on your facet is fine) will help ensure the health of your cat or kitten. Fresh water should be available at all times and some filtered water may be added to their food to make sure they consume adequate levels. Pet Fountains are acceptable for water if the filters are changed often and the bowls and reservoirs are cleaned regularly.
- **Health Care** – Homeopathic, herbal and holistic remedies are to be used first, unless it is a life-threatening emergency. No vaccines except those required by law are to be administered. Those required by law should only be given with extreme care. No vaccine should be given within 30 days of illness, surgery, injury, breeding, nursing kittens, pregnancy or other stress. Cats and kittens should be watched for vaccine reactions and appropriate homeopathic remedies should be administered in the case of illness, vaccinosis, injury or other health problem. Use of non-herbal or homeopathic flea remedies, de-wormers, or medications should be avoided.
- **Natural Kitty Litters** – Only all natural kitty litters should be used. No clumping clay litter may be used or it voids any health guarantee. See the Resources section for a list of quality alternative clumping litters.
- **Household Products** – Care should be taken to avoid the use of any harmful household products. We recommend our kitten and cat buyers switch to all natural, environmentally friendly, and non-toxic household cleansers, detergents and soaps. We request that only all natural dish washer detergent, dish soaps, and cleansers be used on any surface, dish, or utensil the cat may come into contact with as well as natural soaps or shampoos on the cat.
- **Declawing** – Declawing is a cruel procedure that mutilates the cat's paws and can cause permanent damage and behavioral problems. Any cat or kitten that is declawed without prior written approval by Pendraig Siberians will not be eligible for any health guarantee.
- **Vaccinations** – This is the vaccine schedule to comply with our no vaccinations protocol of the Ideal Health Care Plan.
 - **No vaccine except those required by law shall be given.**
 - **Rabies vaccine will be given after 6 months of age and not in conjunction with another vaccine, treatment, surgery, injury or illness. One rabies booster may be administered no earlier than 1 year from the initial vaccination. The vaccine should not be repeated more than every 3 years per the vaccine label. In areas where annual rabies vaccination is required owners are**



encouraged to obtain a waiver from their vet for the term of 3 years and even beyond based on titer levels. If rabies vaccination is not required then we recommend not vaccinating your indoor cat, their chances of contact with rabies is slim to none.

- **Vaccination for Feline Leukemia Virus (FeLV), Feline Infectious Peritonitis (FIP), Ringworm, Panleukopenia, Rhinotracheitis, and Calicivirus, Bordetella (Bordetellosis), Chlamydia (Chlamydiosis) or any other vaccine other than rabies shall void the health guarantee.**
- **Vaccination with any newly developed vaccine, or a vaccine not specifically listed on the contract voids the health guarantee. When in doubt contact us for prior approval**
- **No vaccine will be given within 30 days of another vaccination, surgery, illness, injury, breeding, pregnancy, lactation or other stress.**

Advanced Diet and Care Plan

- **Diet** – 50% raw diet, preferably our All Natural Raw Diet as described in the Ideal Diet section. Grass-fed meats and pastured poultries are to be preferred over others. If you choose not to feed the recommended prepackaged raw products please contact us with your diet plan, ingredients, and feeding schedule for approval. The non-raw element of the diet must be made up of quality canned foods from our list of recommended brands. Other brands require our approval. This plan requires certain supplements as detailed in the General Diet Section. Your cat should be fed and given water in glass bowls or stainless steel. Plastic should be avoided. Pet Fountains are acceptable for water if the filters are changed often and the bowls and reservoirs are cleaned regularly. Providing fresh filtered water (using a Brita Pitcher or Pur Filter on your facet is fine) will help ensure the health of your cat or kitten. Fresh water should be available at all times and some filtered water may be added to their food to make sure they consume adequate levels. This is especially important for the canned food portions.
- **Health Care** – Homeopathic, herbal and holistic remedies are to be used first. Any allopathic care or medications require prior approval by Pendraig Siberians unless it is a life-threatening emergency. Any vaccines administered must be done in the manner stated below in the vaccine section of this plan. No vaccine should be given within 30 days of illness, surgery, injury, breeding, nursing kittens, pregnancy, another vaccine or other stress. Cats and kittens should be watched for vaccine reactions and appropriate homeopathic remedies should be



administered in the case of illness, vaccinosis, injury or other health problem. Use of non-herbal or homeopathic flea remedies, dewormers, or medications without prior approval by Pendraig Siberians will void the warranty.

- **Natural Kitty Litters** – Only all natural kitty litters should be used. No clumping clay litter may be used or it voids any health guarantee.
- **Household Products** – Care should be taken to avoid the use of any harmful household products. We recommend our kitten and cat buyers switch to all natural, environmentally friendly, and non-toxic household cleansers, detergents and soaps. We request that only all natural dish washer detergent, dish soaps, and cleansers be used on any surface, dish, or utensil the cat may come into contact with as well as natural soaps or shampoos on the cat.
- **Declawing** – any cat or kitten that is declawed without prior written approval by Pendraig Siberians will not be eligible for any health guarantee.
- **Vaccinations** – This is the vaccine schedule to comply with our minimum vaccine protocol of the Advanced Health Care Plan. Any deviation from this schedule requires approval from us unless it is to stop administering vaccinations except those required by law. To qualify for the Advanced Health Guarantee we must receive copies of the health records that include vaccinations in the annual report.

- **No vaccine will be given prior to 12 weeks of age**
- **Kittens who are vaccinated at Pendraig Siberians by the request of the kitten buyers will not be permitted to leave here until 16 weeks of age**
- **Rabies vaccine will be given after 6 months of age and not in conjunction with another vaccine, treatment, surgery, injury or illness. One rabies booster may be administered no earlier than 1 year from the initial vaccination. The vaccine should not be repeated more than every 3 years per the vaccine label. In areas where annual rabies vaccination is required owners are encouraged to obtain a waiver from their vet for the term of 3 years and even beyond based on titer levels.**
- **Vaccination for Feline Leukemia Virus (FeLV), Feline Infectious Peritonitis (FIP), Ringworm, Bordetella (Bordetellosis), or Chlamydia (Chlamydiosis) shall void the health guarantee.**
- **Vaccination with any newly developed vaccine, or a vaccine not specifically listed on the contract voids the health guarantee. When in doubt contact us for prior approval**
- **One vaccination each for panleukopenia, rhinotracheitis, and calicivirus (Killed version only) should be administered after 6 months of age, but may be given after 12 weeks of age, if the Siberian is in excellent health.**



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- **One booster for panleukopenia, rhinotracheitis, and calicivirus (Killed version only) may be administered one year from initial vaccination if the Siberian is in excellent health.**
- **Do not use modified live vaccines except/unless opting for a nasal vaccine over an injection to avoid injection site sarcomas.**
- **No vaccine will be given within 30 days of another vaccination, surgery, illness, injury, breeding, pregnancy, lactation or other stress.**

General Diet and Care Plan

- **Diet** – The non-raw diet must be made up of quality canned, moist or dry foods from our list of recommended brands. Preference should always be given to feed only canned and moist foods and to supplement with some type of raw foods. Other brands of food not on our recommended list require our approval. This plan requires certain supplements as detailed in the General Diet Section. Your cat should be fed and given water in glass bowls or stainless steel. Plastic should be avoided. Pet Fountains are acceptable for water if the filters are changed often and the bowls and reservoirs are cleaned regularly. Providing fresh filtered water (using a Brita Pitcher or Pur Filter on your facet is fine) will help ensure the health of your cat or kitten. Fresh water should be available at all times and some filtered water may be added to their food to make sure they consume adequate levels. This is especially important for the canned food portions.
- **Health Care** – Homeopathic, herbal and holistic remedies should be used first. Any vaccines administered must be done in the manner stated below in the vaccine section of this plan. No vaccine should be given within 30 days of illness, surgery, injury, breeding, nursing kittens, pregnancy, another vaccine or other stress. Cats and kittens should be watched for vaccine reactions and appropriate homeopathic remedies should be administered in the case of illness, vaccinosis, injury or other health problem. Use of non-herbal or homeopathic flea remedies, de-wormers, or medications without prior approval by Pendraig Siberians will void the warranty.
- **Natural Kitty Litters** – Only all natural kitty litters should be used. No clumping clay litter may be used or it voids any health guarantee.
- **Household Products** – Care should be taken to avoid the use of any harmful household products. We recommend our kitten and cat buyers switch to all natural, environmentally friendly, and non-toxic household cleansers, detergents and soaps. We request that only all natural dish washer detergent, dish soaps, and cleansers be used on any surface, dish, or utensil the cat may come into contact with as well as natural soaps or shampoos on the cat.



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- **Declawing** – any cat or kitten that is declawed without prior written approval by Pendraig Siberians will not be eligible for any health guarantee.
- **Vaccinations** – This is the vaccine schedule to comply with our minimum vaccine protocol of the Advanced Health Care Plan. Any deviation from this schedule requires approval from us unless it is to stop administering vaccinations except those required by law. To qualify for the General Health Guarantee we must receive copies of the health records that include vaccinations in the annual report.
 - **No vaccine will be given prior to 12 weeks of age**
 - **Kittens who are vaccinated at Pendraig Siberians by the request of the kitten buyers will not be permitted to leave here until 16 weeks of age**
 - **Rabies vaccine will be given after 4 months of age and not in conjunction with another vaccine, treatment, surgery, injury or illness. One rabies booster may be administered no earlier than 1 year from the initial vaccination. The vaccine should not be repeated more than every 3 years per the vaccine label. In areas where annual rabies vaccination is required owners are encouraged to obtain a waiver from their vet for the term of 3 years and even beyond based on titer levels.**
 - **Vaccination for Feline Leukemia Virus (FeLV), Feline Infectious Peritonitis (FIP), Ringworm, Bordetella (Bordetellosis), or Chlamydia (Chlamydiosis) shall void the health guarantee.**
 - **Vaccination with any newly developed vaccine, or a vaccine not specifically listed on the contract voids the health guarantee. When in doubt contact us for prior approval**
 - **One vaccination each, or one three-in-one vaccine, for panleukopenia, rhinotracheitis, and calicivirus (Killed version only unless using nasal vaccine) should be administered after 4 months of age, but may be given after 12 weeks of age, if the Siberian is in excellent health.**
 - **One booster for panleukopenia, rhinotracheitis, and calicivirus (Killed version only) may be administered one year from initial vaccination if the Siberian is in excellent health.**
 - **Avoid use of modified live vaccines or combination vaccines.**
 - **No vaccine will be given within 30 days of another vaccination, surgery, illness, injury, breeding, pregnancy, lactation or other stress.**



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PENDRAIG'S FELINE DIET

This diet is actually quite simple and costs about the same as premium kibbles and less than premium canned foods. The pre-packaged raw products take all the work and hassle out of feeding. You should have several pint sized stainless steel or glass bowls that are cleaned daily (in the dishwasher or by hand and then disinfected with white vinegar). Please use environmentally friendly dishwasher detergent and dish soap. They are highly effective cleaners that are non-toxic for sensitive cats.

Elements of the Ideal Diet

- **All Natural Raw Diet** – 90 – 95% grass-fed/pastured beef, lamb, goat or rabbit. We prefer, recommend and sometimes sell Slanker's Grass-fed Beef Pet-Food, mOrigins and Hare Today products. You may buy from us, from a distributor in your area or from the companies directly. We care only that your pet is fed these foods because they are superior. Our kitten and cat buyers get a lifetime discount on these products when bought from us. If you buy from an outside source save your receipts and send to us with your annual update and photos to qualify for the Ideal Health Guarantee. Alternately you may choose to feed Oma's Pride prepackaged raw or to make your own using a grinder or from your local farmer, butcher or meat market.
- **Minimal Poultry** – opt for pastured poultry from a local farmer, no more than 4 – 5 meals a month, once a week. Quail and Pheasant would be excellent choices if you can afford them. Feed these raw with bones, whole to help keep teeth and gums healthy and clean and to contribute towards the 10% bone in the diet.
- **Raw whole eggs or yolks** – pastured from local farmer is best, fed no more than once a week on average. Alternatives include Egglard's best or free range eggs from your local health food store. Egg yolk only is ideal but occasional feeding of the entire egg is acceptable in healthy animals.
- **Supplements** – Required
 1. **Blue Ice Therapeutics Liquid** – non-flavored by Green Pastures (www.greenpasture.org) or other approved cod liver oil supplement. Give ½ ml three times a week under 8lbs and ½ ml 4 days a week over 8lbs.
 2. **Primal Defense** Probiotics twice weekly ¼ scoop provided in powdered version (www.iherb.com).
 3. **Vitamin Supplement** – Call of the Wild or other types see Resources. Do not add this to mOrigins.
 4. Nutritional Yeast (NOT brewer's yeast, buy at health food stores). ¼ tsp 5 days a week.
 5. Prozyme if needed.
 6. Dulse & kelp with meals not consisting of mOrigins prepackaged raw.



7. Raw Organic Apple Cider Vinegar for fleas and to help with digestion of fats ¼ tsp per day under 8lbs, ½ tsp per day over 8 lbs.
 - **Feeder mice** - may be substituted for 1 to 2 meals per week but must come from a quality source.
 - **Fermented Fish** – following our recipe which will be included later.
 - **Filtered Fresh Water** – must be available at all times. We use only glass or stainless steel dishes (glass is best). The pet fountain is a nice idea but make sure to change the filters regularly and to clean the bowl and containers. We also add water to their food because cats do not like to drink water very often and their natural prey is 70% or more water. We filter their water using a Brita Pitcher but you may use one installed in your sink. We highly recommend an expensive, built in system for your entire family. Contact us about good prices for home systems.
 - **Alternative meat sources** – venison, ostrich, kangaroo, lamb, buffalo or duck may be fed twice per week. Try to source versions that have bone included like Oma's Pride. Underweight kitties may benefit from fattier meats like duck and lamb but only if they are digesting fats well.
 - **Cat Grass** – supplied for your cats to chew on at leisure. Typically cats will seek out grass to help them regurgitate debris like fur and larger bone pieces in their stomach. By providing this grass you can eliminate cats chewing on household objects.
 - **No Tomatoes** – members of the nightshade family are very toxic for cats so do not let them eat tomatoes or tomato sauces even if they like them.
 - **No Cooked Bones** – never allow your pets to eat cooked bones. They are too hard for their teeth and can splinter or fracture and cause severe damage inside their digestive tracts that can cause a very painful death.
 - **Never Microwave Food** – no food should be microwaved. Microwaves cook bone just like conventional cooking methods. We also feel they disrupt the natural energy of your pet.

Feeding Schedule for the Ideal Diet

- **Feed once per day** – most cats do fine with this but you can feed twice a day if you like. Young kittens, and any cat that is ill or very old, may be fed more than once per day. It is a good idea to allow the food to reach room temperature before serving.
- **Feed approximately 2-3% of their body weight** – this can be adjusted based on the condition of the individual animal. Kittens may eat a lot more, feed them until they are full but do not allow them to become fat. Ribs should be easily felt but with a nice layer of muscle and flesh over them. Spines should not be boney. If in doubt call us immediately.



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- **Fast one day a week** – we do not require this but we find it beneficial to the animal to be fasted once a week. Kittens or sick animals however, should not be fasted an entire day. One meal fasting is sufficient for older kittens. Sick individuals should not be fasted unless recommended by your holistic vet or us. Please call if your Pendraig Siberian is ill.
- **mOrigins grass-fed beef** – 3 to 5 Days a week. (up to 6 if not fasting)
- **Slanker's Grass-fed Beef Pet Food** – 3 to 5 days a week * Must add multi-vitamin supplement such as Call of the Wild by Wysong.
- **Hare Today, or other quality, whole ground rabbit** – up to 1 to 2 days a week
- **Alternatives** – 1 day a week a light meal before the fasting day. Fermented fish (see our recipe), whole organs from chemical free, hormone free grass-fed or pastured animals, raw meaty bones from pastured or grass-fed meat or poultry and/or feeder mice. This is also a good day for an egg or two.

Elements of the Modified Raw Diet

- **Same as our Ideal Raw Diet** – But a maximum of 50% of the diet may be made up of 25% or less grain-free dry foods and the rest grain-free canned.
- **Quality Canned Foods** – Refer to our list in the resources section for a list of acceptable canned foods. That list is subject to change so check our website often. Food manufacturers change their ingredients without warning so we may have to drop a food off of our list. If you have noticed an ingredient change that concerns you contact us immediately as we may have missed it. We do not feed all of these foods ourselves so we do not come into contact with them daily. Acceptable canned foods should be grain free with human grade ingredients, no soy, no canola and minimal vegetable matter. We recommend that you pick a few varieties and avoid over-feeding one ingredient.
- **Grain Free Dry Foods** – ONLY feed grain-free dry foods if you choose to feed dry food at all. A list of acceptable brands is in the Resources section. If you find one we missed please contact us prior to feeding it to your cats. The dry food you choose must be on our list of approved brands or personally approved by Pendraig Siberians or the General Health Guarantee will be void. To maintain the guarantee receipts and UPC symbols for food purchases should be sent with the annual report.
- **Extra Filtered Water** – Make sure you add extra filtered water to the canned food to insure the cats get enough water especially if they are also eating dry foods.



Other Diets

- **Dry Foods** – Grain based dry foods are the worst thing you can feed your cat. Cats are obligate carnivores and need animal products in their diets. The only vegetable matter we add is some dulse and kelp for mineral content and coconut oil because it is short chain fatty acids and has anti-fungal/anti-bacterial properties. Cats have no need for grains and suffer many ill effects being fed a diet that consists of grains. High carbohydrate diets are especially harmful and all dry kibbles by nature must be mostly carbohydrate. What meat is in it is rendered beyond any real nutritional quality. We prefer that none of our cats or kittens ever be fed dry foods. That being said we do understand that some owners are not willing or able to try other diets. We ask that if you do feed dry foods that you choose a grain free brand such as Wellness Core for cats and that you supplement with mOrigins, Slanker's Grass-fed Pet Food or at the very least a quality canned product. Your cat should never be free fed but should be given 2 to 3 regular meals per day. The dry food you choose must be on our list of approved brands or personally approved by Pendraig Siberians or the General Health Guarantee will be void. To maintain the guarantee receipts and UPC symbols for food purchases should be sent with the annual report.
- **Canned Foods** – you may choose to feed your cat a completely commercial diet but choose canned foods instead. This is much preferred to feeding dry foods. The canned food you choose must be on our list of approved brands or personally approved by Pendraig Siberians or the General Health Guarantee will be void. To maintain the guarantee receipts and UPC Symbols for food purchases should be sent with the annual report.

Supplements for ALL Commercial Diets

Supplements – a 100% commercial diet should always be supplemented with Prozyme, Primal Defense, Green Pastures Blue Ice Therapeutics Liquid (www.greenpasture.org) and a good vitamin C supplement. Failure to provide this supplementation will void the health guarantee. To maintain the General Health Guarantee receipts for purchase of these supplements must be sent with the annual report.

1. **Required: Blue Ice Therapeutics Liquid** – non-flavored by Green Pastures (www.greenpasture.org) ½ ml three times a week under 8lbs and ½ ml 4 days a week over 8lbs.
2. **Required: Primal Defense Probiotics 2** – 3 times weekly ¼ scoop provided in powdered version (www.iherb.com).



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3. **Prozyme highly recommended.** Follow product directions.
4. **Required: Call of the Wild** by Wysong (see our website for links to buy). Though we do not like the high fiber content you may use Missing Link for Cats (NOT the vegetarian version).
5. **Dulse & kelp highly recommended** - with meals not consisting of mOrigins prepackaged raw.
6. Raw Apple Cider Vinegar for fleas and to help with digestion of fats ¼ tsp per day under 8lbs, ½ tsp per day over 8 lbs.
7. Salt – NO TABLE SALTS OF ANY KIND! You can add a pinch of Real Celtic Sea Salt for Pets offered by the Grain & Salt Society (www.azure-standard.com). Or buy from us.

PENDRAIG'S FELINE CARE INSTRUCTIONS

Your cat or kitten comes from a home where only all natural, environmentally friendly and non-toxic cleaners, detergents and soaps are used. These are easy to obtain and your local health food store or online (see resources). They are also treated for fleas and parasites using herbal and homeopathic remedies as well as diet. An animal on their optimal diet will have a superior immune system and the tools it needs to fight off fleas, ticks and intestinal worms. Your kitten or cat is also raised by a natural rearing model which means that they are never subjected to unnecessary chemicals, drugs, or vaccines. We prefer that any kitten or cat from our cattery never be vaccinated at all, however we do understand that rabies vaccination is required by law in most states. Your cat or kitten should never be given chemical de-wormers unless under extreme cases and only after you have contact us and a holistic veterinarian (preferably a homeopath or herbalist). What cannot be addressed naturally will of course be addressed using allopathic medicine if needed but that is only as a last resort.

Your feline's health is a careful balance of proper nutrition and support of the body while not putting it under undue stress with vaccines, chemicals, and drugs. With this balance in place your cat can combat most diseases and parasites naturally without intervention. The more serious diseases can be helped with the aid of a trained homeopath. Below are listed our requirements to avoid voiding the health guarantee in your contract. After that they are optional, but highly recommended care tips. If you are ever in doubt call us before you make a decision.



Principles of Natural Rearing

- **No Vaccinations** –Except those required by law. If you are really worried about exposure to diseases then you can ask your homeopath, we are ready and willing to discuss this with you. Homeopathic treatments, especially in raw fed and naturally reared animals, are highly effective even against deadly diseases. The animal's body is at its best when naturally reared and able to do much of the battle on its own. For those that need a little extra help homeopathy can provide a supportive booster to the body while not suppressing the natural reactions and symptoms. Homeopathy is also tailored to the individual animal and is not a one-size-fits-all solution. There are various homeopathic treatments including nosodes which are derived from the disease itself, much like vaccines, but at such a diluted level that it poses no real threat to a healthy animal. Nosodes ideally should only be used after confirmed exposure to a disease but may be used for those of you who are uncomfortable forgoing vaccination. We can discuss this one on one and if you are extremely uncomfortable I will consider giving them a round of nosodes for the most rampant and dangerous diseases before they leave the cattery. We can also discuss a single vaccination of either the three-in-one vaccination for panleukopenia, rhinotracheitis and calicivirus or just the panleukopenia given after six months of age. It must only be given when the cat is not under stress, ill in any way (no matter how minor), or in conjunction with (or within 30 days of) another procedure or the rabies vaccine. This is only in extreme cases and when putting owners on our waiting list preference will be given to those willing to follow our no vaccinations policy. Any vaccination besides those listed above will void the health guarantee.
- **Minimal Rabies Vaccination** – If it isn't illegal in your area to avoid the rabies vaccination then we highly recommend doing so. If it is required by law we request that NO kitten younger than 6 months of age will receive this vaccination. It is extremely dangerous and difficult for their bodies to handle. The law requires vaccination at 4 months in most areas so we understand if you cannot avoid this. However, you have indoor only cats (as none of our cats are allowed outside per the contract with only a few exceptions) it is unlikely that they will come in contact with rabies. Waiting until they are 10 months old should not pose a problem. If you choose to vaccinate with rabies please consult a homeopath or holistic vet before so that they can help your kitty prepare for the ordeal and any vaccinosis that may result. After initial vaccination always ask for titer levels to be checked. Many holistic vets will check titer levels and give you a waiver stating your cat has sufficient immunity to rabies and this may work using just nosodes alone. So talk to your vet. If you do vaccinate do titers before the required boosters (which should be at LEAST 3 years apart). If the levels are adequate a good holistic vet will write you a waiver. Do NOT revaccinate any cat over 7 years old.



It is unnecessary and can severely damage their body. If rabies vaccination is done more than the absolute minimum required by law the health guarantee will be void.

- **Mostly Raw and Natural Diet** – We do prefer 100% raw diets for all of our cats and will choose owners who will follow that preference over those who will not. However, if we feel you are otherwise willing to adapt the diet to your lifestyle, offer supplements and feed only quality foods we will be happy to work with you. Feeding raw and canned food however is actually more hassle than just going completely raw and we are here to help you get ready and if you want to visit and help us do a few feedings to get the hang of it we can work that out as well. We ask that you try feeding 100% raw for at least 3 months before feeding 50% raw.
- **Avoid dry foods** –Dry grain based kibble has the highest level of carbohydrates and the lowest level of protein. What protein is there is highly denatured by the rendering and drying process. This type of food also causes a chronic state of dehydration which can lead to Renal Failure (kidney disease), Liver problems, urinary tract disorders, and diabetes (including pancreas issues). The toxins and high carbohydrate levels can cause irritable bowel disease and other inflammatory responses. We do offer a health guarantee for those cats fed dry food but it does not cover any of the above disorders and is subject to our final decision as to whether or not dry kibble is directly to blame for the health problems or death of the animal. **IF you must feed dry, please use a quality grain free brand.**
- **High Quality Canned Foods** – if you choose to feed canned foods they must be high quality brands, with meat sources as their first and preferably second ingredients. The best canned products are the 95% meat versions that are grain free. They should not contain any type of soy. Poultry is not as nutritionally dense so it should only comprise a small part of the diet. A list of acceptable canned foods is in the resources section and subject to change as the ingredients do, often without notice. Contact us if you have questions or want to know what foods are acceptable. We are always available to our kitten and cat owners.
- **Less than 100% raw required supplements** – Any of our cats on a less than 100% raw diet **MUST** be supplemented with **cod liver oil** (High quality oil, Blue Ice Therapeutics Liquid – non flavored by Green Pastures is to be recommended), **Primal Defense Probiotics**, Call of the Wild (See resources for alternative brands), **Prozyme**, and **Vitamin C** daily. The day before fasting should consist of **ONLY** raw foods with the exception of the fermented fish which is an excellent pre-fasting meal.
- **No Free Choice Eating** – Cats are not naturally grazers but predators and thus will eat at any opportunity whether or not they are hungry. Their bodies need the time between meals (minimum 5 hours for healthy adults) to clear out toxins for their high protein diet or if partially raw fed the toxins from the canned food. Cats that are



- permitted to eat free choice disrupt their digestive tracts and can become obese or dangerously thin.
- **Never use clumping clay litters** – these can be highly toxic, cause blockages especially in kittens and the dust is dangerous to your pets. We will void the health guarantee if we discover you have been using these types of litters and we may request the cat be returned to us if you continue to use them. We recommend and use Feline Pine Scoopable, World’s Best Cat Litter or other natural brands. These are all natural, pine and cedar oil free, and safe for the environment. They do an excellent job with litter box odor (as does the raw diet) and when you clean out the box it can be mulched and put in your non-edible garden. Because of the nature of this litter very little waste accumulates or sticks to the bottom and sides making clean up a breeze. We have tried out many brands of all natural clumping litters in our self-cleaning litter boxes and we recommend a few brands and have signed up for Breeder Programs that will send you samples of various litters and/or coupon and rebate offers.
 - **Holistic, herbal and homeopathic treatments** – these treatments should always be the first type of treatment you seek. We recommend finding a holistic vet in your area and interviewing them before you bring your kitten home. If you cannot find a veterinary homeopath in your area we recommend Marina Zacharias of NaturalRearing.com. She does phone consultations and has helped us out before. She is a wonderful person who has great products.
 - **No antibiotics, steroids, cortisone or sulfa** – except in extreme emergency situations. Always consult your holistic vet and if time allows, us as well. These are medicines of last resort and can cause a great deal of harm to the body. If they must be used then follow a regimen to eliminate the toxins and deal with any side effects. For example if antibiotics must be used the cat should be supplemented with additional probiotics to repopulate his/her body with good bacteria.
 - **Do not declaw** – unless the cat’s life is at stake, and you have already consulted us because of this, do not ever declaw your Pendraig cat. Declawing removes the last joint on each “finger” along with the claw. You can equate that to losing the last joint on your own finger. This can lead to behavior issues including aggression, biting, scratching with rear claws, and refusal of the litter box because it is painful to their paws. You must receive our permission to declaw the cat or the health guarantee will be void and we will not allow you to adopt another cat. We’ve seen firsthand how this affects their lives and we will never allow it to happen again. There are alternatives for cats that have a behavior that is threatening their lives with their family. Soft Paws for example is a great product that is glued onto each nail and makes it so that they cannot scratch anything. They still have full function of their paws and the claw covers come off naturally in about two weeks. If your cat is accustomed to claw clipping it shouldn’t be difficult to put them on. We have used them in cases where one of our mixed breed cats was tearing his face up due to



allergies. It allowed his body time to heal (with homeopathy) because he couldn't re-injure himself and was more humane than an Elizabethan collar.

- **Do not allow your kitty outside** – unless you have an enclosure that is safe and escape proof do not let your kitty outside unsupervised. Cats can get into a lot of trouble and use up their 9 lives quickly. We know the heartbreak of losing a cat to getting hit in the road, or killed by the neighbor's dog. Don't put yourself, or your cats, through this. Building them an outside run is inexpensive, easy, and can be made to look very nice. We have a few affordable ideas, so contact us if you'd like more information. You can also train them to accept a harness and leash (never use a collar as they can wiggle out). We've also seen a product that is a fabric like cage that allows them fresh air but you must supervise them as they would be unable to escape if something threatened them. Fresh air is great for your cat, but our dangerous world isn't.
- **Do not use Advantage, Frontline, Bio-Spot or other flea products** – these products are highly toxic despite what their manufacturers and veterinarians claim. They can cause dangerous reactions, especially in cats, and even cancer if used long term. Use of these products will void both the Ideal and Advanced Health Guarantees. There are plenty of natural alternatives that work just as well and are non-toxic to the animals and your family.

Preferred Care

- **Avoid feeding table scraps** – we feed our cats some table scraps (meat based only, some dairy) on occasion. However, only when we eat whole foods that we make ourselves that contain no soy, no MSG, no artificial sweeteners, colorings, preservatives or other additives. Our meat and poultry comes from grass-fed or pastured animals that are raised by our local farmers. We do not eat fast food, processed foods (with the exception of a few from the health food store), or "health foods" containing soy or canola oil. If your family eats like ours then a few table scraps will not hurt anything. Otherwise, let them eat their own food. And never feed them while you are eating as they will beg like dogs and can be a lot more obnoxious.
- **Use only All Natural Cleansers** – we strongly prefer that you throw out any cleaners, detergents or soaps that contain chlorine. We do keep some bleach on hand for emergencies but we prefer not to use it. We use all natural laundry detergent, dishwasher soap, dishwashing soap, floor soap, and citrus counter cleanser as well as various bathroom products. We use only natural and if possible organic soaps and shampoos on ourselves and the pets. If you choose to only make a few changes than we would prefer you start with the dishwasher detergent and floor soap as this is what your kitties will be in contact



most. We have different brands that we like and use listed in the resource section.

- **Only use holistic veterinarians** – preferably ones who understand and practice herbal and homeopathic remedies. Emergency clinics may of course be used in emergency situations.
- **Use only all natural flea repellents** – there are many herbs that help repel fleas. If you develop an infestation dusting your home with food grade diatomaceous earth will kill the fleas and larvae in your carpets as will vacuuming. You can make a flea powder following our recipe. Vacuum regularly, use citrus cleaners in your home, and natural rearing of your pets should keep fleas to a minimum. Usually we do not have flea problems at all but on occasion a new kitten brings one home. Call us if you have any problems or concerns.

Additional Care Tips

- **Do not bathe too often** – if you plan to show your kitty then giving a weekly bath for a few months can get him/her used to the procedure but please only use all natural shampoos and soaps. Those of you who do not plan to show, the kitties don't really need to be bathed all that often though we do try to do it twice per month when they are young so that they will not fight being bathed later. Bathing them too often can dry out their fur and skin.
- **Clipping nails** – we recommend keeping their nails clipped. This helps to reduce the severity of the accidental scratching as well as gets your cat accustomed to having the procedures done and having his/her feet handled. Be careful however not to clip them too short. We find human nail clippers to be the easiest to use and we line up the clippers so that the nail lays flat against the blade. We clip nails about once a week while they are young, again to make them used to being handled, and then as needed later on.
- **Do not feed on counters** – this encourages your cats to climb on the counters and table top even while you are preparing dinner or eating with your family. They may do this on their own anyway, but encouraging the behavior by feeding them up there is just asking for trouble. The place where you prepare the food for your family and your cats should be a clean surface and if your cat is climbing all over the place it won't be very clean. Those with disabilities of course may find that the best place to feed is on the table and that is their choice to make. There are various tricks you can use to deter climbing, sleeping and walking on the cabinets including upside down masking tape. You can also use those plastic floor covers with spikes that go into the carpet cut to the size of your counter, or easy to use squares, and inverted so the spikes are up. This won't hurt the kitty but it's not fun to walk or lay on. Some stores sell products like this as well. In extreme cases you can use a Scat Mat which has a tiny electric pulse.



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The counter is a dangerous place for your kitty with the cooking implements, stove and knives so we feel even the use of a Scat Mat to be preferable than allowing them free access to the counter tops.

- **Brush once or twice a week** – brushing, gently, helps their coat in top shape. It redistributes their oils all over their fur, removes excess hair and debris and is a bonding time with your cat. We use several different types of brushes and we really enjoy the time we spend brushing our cats. We often do it while watching TV. The cats love it.

CONCLUSION

We hope this document has helped you to understand how we care for our animals, what we expect of kitten and cat buyers and the types of choices you have available to you as prospective owners of Pendraig Siberian Cats. Some of these rules may seem strange or strict but you can pick which plan is easiest for you to follow. Those who choose to go the extra mile and raise their Siberians as we do will reap the benefits of a healthier, longer lived, and happier cat. They get extra insurance with a more comprehensive health guarantee that isn't like any other we've ever seen. We know that natural rearing works and we're willing to put our reputation and our money on the line. We don't want to exclude other good homes though who cannot or do not want to raise their cats in this manner so we offer them an alternative that is comparable with most other catteries. If you have any questions or concerns please contact us. Thank you for adopting a Pendraig Siberian Cat.

RESOURCES

Supplements Quick-Sheet

- **Blue Ice Gold Therapeutics**, Liquid – www.greenpasture.org - **Required Supplement**
(Dose ½ ml 3 -4 times a week)
- **Primal Defense Probiotics** – www.iherb.com **Required Supplement**
(Dose ¼ scoop 3 times a week)
- **Call of the Wild** or **Missing Link for Cats (NOT vegetarian)** – http://pendraig.com/siberians/pet_health_resources.php **Required Supplement**
(See package for dose instructions)



Food & Supplement Resources

Dry (in order of preference)

1. Wellness Core – grain free
2. Nature's Variety Raw Instincts – grain free
3. NOW! – Grain Free
4. Wysong Archetype and Archetype Burgers (mix with water) (link to order food: http://pendraig.com/siberians/pet_health_resources.php)
5. Wysong Anergén Dry (link to order food: http://pendraig.com/siberians/pet_health_resources.php)
6. Nature's Variety (no lamb!)
7. Solid Gold Katz-n-Flocken Cat Food
8. California Naturals Dry
9. Innova Dry
10. Felidae

Note: Never feed a lite, low fat or low calorie product. These just contain more carbohydrates and less of what your cat needs. If your cat is suffering from obesity consider switching to a raw diet or feeding a grain free canned product.

Canned Foods (in order of preference)

1. Wysong All Meat Varieties (alternate meat type)*
2. Wysong Au Jus All Varieties (alternate meat type)*
3. Nature's Variety Raw Instincts (Feed variety of meats, limit poultry)
4. Wellness Core Grain Free (Fish variety makes for smelly stools FYI)
5. California Naturals Canned – All varieties
6. Felidae Canned
7. Wellness (canned turkey)

*Must be combined with one of the following products & the required Supplements

1. Wysong Call of the Wild
(http://pendraig.com/siberians/pet_health_resources.php)
2. Feline Future Instincts TC (<http://www.felinefuture.com/products/>)
3. Alternating both above

Prepackaged Raw

1. mOrigins (email dawn@pendraig.com or visit <http://www.morigins.com/>)
2. Slanker's Grass-fed Meat Pet Food (order from us or <http://www.texasgrassfedbeef.com>)
3. Wysong Tundra (http://pendraig.com/siberians/pet_health_resources.php)
4. Nature's Variety Raw (If in Austin Tomlinson's Feed in Cedar Park)



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Raw at Home*

1. Grass-fed Beef, Lamb, Bison etc (www.eatwild.com to locate a farmer/retailer)
2. Pastured Chicken, Turkey, Pheasant, Quail etc (www.eatwild.com)
3. Eggs from Pastured Chickens (www.eatwild.com) or Free-Range Eggs at local store

*Must be combined with one of the following products & the required Supplements and we recommend you follow the recipe below.

Supplement Sources

1. Wysong Call of the Wild (http://pendraig.com/siberians/pet_health_resources.php)
2. Feline Future's Instincts TC (<http://www.felinefuture.com/products/>)
3. Missing Link (not vegetarian version!) for Cats (www.KvVet.com)
4. Nutritional Yeast (NOT Brewer's Yeast) (Buy from us, or a Health Food Store, or www.iherb.com)
5. Taurine – www.iherb.com (capsules are easiest to get doses right)
6. Vitamin C – Buffered Ascorbic Acid Powder www.iherb.com (huge containers for cheap! Buy some for yourself and ask us about the salt & vitamin C detox regimen for heavy metals. Also use during cold season)
7. Glandular Complex (<http://vitametonline.com/description/NR0265/vitamins/ImmoPlex-Glandular/>)
8. CLO – www.greenpasture.org
9. Salmon Oil – www.iherb.com OR buy Fish Oil from www.greenpasture.org
10. Primal Defense Probiotics Powder (www.iherb.com)
1. Grain & Salt Society Celtic Sea Salt (www.azurestandard.com)
2. Bone meal – www.iherb.com, www.kvVet.com
3. Gelatin – www.radiant4life.com, www.iherb.com, local health food store, grocery store (you make desserts out of it! Get plain gelatin not the Jell-O-Brand stuff).
4. Raw Organic Apple Cider Vinegar – Health food stores, grocery stores, www.azurestandard.com
5. Prozyme – www.kvvet.com
6. Lysine – Not mandatory but we highly recommend dosing your cats with this daily especially during times of stress or illness. It boosts their immune system and will help clear up draining/irritated eyes. Buy the capsules at www.iherb.com and break them open and add to food before feeding. 250 mg twice daily

Pendraig Approved Clumping Litters



1. Feline Pine Scoopable (Large pellet variety works well but most cats hate it)
2. World's Best Cat Litter
3. Arm & Hammer Natural Litter (not good with Purrforma automatic litter-box)
4. Healthy P Pod (tracks a lot, hard to find, some cats don't like it)
5. Swheat Scoop (doesn't clump well though, bad for self cleaning boxes)
6. More to come!!

Litter-Boxes

We recommend a minimum of 1 box per 2 cats it is worth the investment. If you are a two cat household (or even one!) opt for 2 boxes especially if your house is large or split level. Kittens especially have trouble "holding it" to get all the way to the litter-box.

Automatic Litter-box Choices

- Purrforma - We use the Purrforma litter-box but it breaks down and has issues with litter scatter and getting stuck. Buy the Jumbo size with hood. We buy it from PetGuys.com <http://www.petguys.com/-029695228600.html> or <http://www.futurpet.com> with shipping the price is still better than what you find at your local stores, but be sure to check there first. Jumbo size is a must for the large adult Siberian cat to feel comfortable.
- Litter Robot - We have plans to try out the Litter Robot soon and we will let you know how well it Works. We do know it isn't good for kittens under 5 lbs so be cautious.
- Litter Maid - We had one 10 years ago and it was awful. The plastic tines of the rake get stuck, and it makes an awful racket, terrifies the cats. We hate that there isn't a removable/disposable liner for easy clean up and the waste containers are expensive and clumsy. We did note that the plastic tines were changes to metal recently and other changes were made but at this time we cannot recommend this litter-box.

Non-Automatic Choices

1. Durable plastic tubs minimum 6 inches deep, 12 inches long and 8 inches wide. Big enough for your medium-large cat to move around in easily and high enough to prevent scatter. We buy Rubbermaid ones and have extras so we can clean out litter-boxes completely and disinfect one and use a stored, previously disinfected/dried tub.
2. Commercial litter-boxes with/without hoods - some cats HATE hoods because it traps the smell in and this can create litter-box avoidance in some cats. In others they like the privacy and security.

Other Helpful Items



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1. Feliway – Pheromone Spray & Plug-In Diffuser buy at www.kvvet.com or <http://www.petguys.com/-039079056830.html> (helps prevent scent marking & scratching, helps nervous cats settle down and feel comfortable).
2. Catnip – Buy Organic to be safe, or Cosmic Catnip brand. Use as a digestive aid and to entice cats to play and use their toys, scratchers and cat furniture.
3. Scratchers – Cat Claws & Cosmic Cat are great brands. Catnip makes these irresistible.
 - i. Double Wide Cardboard Scratch Post - <http://www.petguys.com/-079593112000.html>
 - ii. Aspen-Booda Sisal with Catnip Interior - <http://www.petguys.com/-723503504560.html> (kitty heaven)
 - iii. Sisal Scratchers & Cardboard Scratchers of different varieties – Kvvet.com (free shipping on most products, min \$50 order or \$5.00 charge)
 - iv. More to come! If you find something you like let us know, we might add it to the list.

We are always adding to our list and will be setting up a pet resource website that is more up to date than the one currently linked. If you find a product and/or company you love, please tell us about it. We will announce updates in the Newsletters for Pendraig Siberian Owners and members of the Feline Health Club Newsgroup.

RECIPE & FEEDING DIRECTIONS

Following the Wild Prey Model Diet

We are trying to replicate the wild prey diet to that end we want a basic ratio:

5% - Liver

5% - Organ meats (other than Liver)

10% - Bone (or equivalent in bone meal)

80% - Muscle Meat

That comprises our 100% animal product base. Add to that the supplements including quality egg yolks, nutritional yeast, cod liver oil, fish oil, Vitamin C etc and you have a very healthy diet.



10% bone can be achieved by providing whole prey such as feeder mice/rats or ground whole rabbit for one day a week. If your cat leaves a lot of the bones behind add the bone meal to the raw mix.

If you have access to quality raw milk from pastured goats or cows you can offer that to your cats as well. We give this daily as a treat (see Pottenger's Cats) and the cats not only love it, but it is great for them too.

Pendraig Raw Mix Recipe

Our recipe is similar to Catnutrition.org, but with IMPORTANT differences. We feel reliance on psyllium husks is detrimental to the cat's health. Please see our article on Fiber vs. Probiotics at www.Pendraig.com. Probiotics are crucial and very important to the cat's wellbeing mainly because being an inside only animal with little or no exposure to the outside your cat cannot come into contact with, nor consume, essential probiotics that would be naturally abundant in the environment.

Also feeding of poultry is far from ideal. Small non-domestic and feral cats in wild situations live off of primarily rodents, insects and reptiles. Feeding more nutrient dense meat sources from ungulates and rodents such as rabbit and feeder mice is far superior to the nutrient scarce poultry.

Base of Diet

4 – 5 lbs raw muscle meat with max 10% bones. Preferred meat sources:

- Grass-fed/pastured ungulates (hooved animals: <http://en.wikipedia.org/wiki/Ungulate>) such as beef, goat, & sheep.
- Rabbit meat with bone.
- Occasional meals of poultry, meat & bones from pasture raised birds.
- OR pre-made raw - mOrigins is ideal for this and requires little additional ingredients. Slanker's does not have bone see addition below.
- Omit bones and feed chicken wings once a week and/or feeder mice/rats

4 oz raw liver

- From same animal as meat source if possible if not double CLO (Cod Liver Oil) in daily feedings, See below

2 oz raw heart

- From same animal source if possible

2 oz raw other organs

- Kidneys, pancreas etc. Green tripe is excellent but some cats will not tolerate it.

Supplements/Additions



16 ounces FILTERED water

4 egg yolks

- Some experts feel the whites are not a problem, we alternate some batches with, some without. Foxes, non-domestic cats and other animals eat the entire egg in the wild including the parts of the shell.
- Get OUTSTANDING eggs from a local farmer! www.eatwild.com or your local farmer's market. Support local produce and sustainable agriculture. Buy some eggs for your family too!

Nutritional Yeast

- 8 teaspoons (Do not use Brewer's Yeast!), this adds B vitamins so additional supplementation not necessary.

Gelatin

- 2 teaspoons (bloom it in half of the cold water, boil the other half and mix, let cool and then combine with recipe).

Bone meal

- 2 tablespoons human quality bone meal, OMIT if feeding whole mice, meat with bones or grinding bones into meat mix.
- mOrigins as your meat source – OMIT bone meal
- Do NOT use bone meal for gardening!

Dulse & Kelp

- ¼ tsp Dulse & ¼ tsp Kelp

Glandular Supplement

- 2 capsules (open capsules and dump contents in mixture)
- Purchase at:
<http://vitanetonline.com/description/NR0265/vitamins/ImmoPlex-Glandular/>

ADD to the diet DAILY when feeding:

Cod Liver Oil/Butter Oil

- At feeding time add 1 dose per bottle directions (1/2 dose for kittens)
- Add at feeding time, daily, do NOT freeze.

Salmon Oil/Fish Oil

- Add at feeding time, 500mg Salmon Oil

Primal Defense

- Start with a sprinkle and work up to ¼ scoop or a pinch 3 times a week
- Add in SMALL increments as needed for optimal health and bowel health.



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- Add even more in small increments when cat is on antibiotics, antifungal or other allopathic medications/treatments.
- Always start small and go SLOW, cat may get sick with detox symptoms/health crisis which is dangerous if you add too much too soon.
- Add at feeding time, do NOT freeze!
- Add organic yogurt or kefir if out of Primal Defense or if desired.

Prozyme

- As needed, per package instructions. Good to use for cats new to raw or kittens, sick animals or stressed animals. May be omitted for cats used to raw diets and healthy.

Taurine

- 100 mg daily for healthy adult cats
- 200 mg daily for sick cats, growing kittens (Siberians until 2 years old)
- 200mg + for reproducing cats

Vitamin C Powder

- Buffered Ascorbic Acid powder works great
- If cat has loose stools reduce amount of Vitamin C until stools firm up then use that amount
- Times of stress or illness may increase need for additional Vitamin C

Organic Raw Apple Cider Vinegar

- As needed for fleas or overall health add up to ½ tsp a day (if feeding twice a day omit in one meal) and finicky eaters may refuse to eat food with it so be careful!

Vitamin Supplement

- Call of the Wild, Feline Future or Missing Link per package instructions. Opt to buy something without Fiber. We will notify you when we find a better product but we always opt for Call of the Wild by Wysong right now.
- At Feeding time, do NOT freeze!

Lysine

- Not mandatory but highly effective and a good idea add this to their food daily especially under times of stress or illness or if they ever have red, running or irritated eyes.
- Buy the capsules from iherb.com and break them open into the food at feeding time.
- 250 mg twice daily

Preparation:

Cut up the meat, bones, and organs into manageable pieces to fit in your grinder. If you do not have a grinder use quality ground meat for 50% of the meat portion and



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add the chunks you have cut for the remainder. Organ meats can be cut into chunk size pieces as well. Grinders are inexpensive and you can even buy one that fits on a kitchen aid mixer or use your food processor.

In a separate bowl add half the cold water and the gelatin; allow to bloom a few minutes while you boil the remaining water. Combine and stir, allow to sit a few minutes to cool before adding to the supplement mixture.

Supplement mixture – combine the supplements, eggs, and water/gelatin together and mix gently. Then combine with the meat base and portion into freezer containers.

Feeding Directions:

1. Freeze enough for 2 or 3 days per container (or what works best for you) and then take out one 3 day portion at a time and keep it in fridge. It is easy to remove enough to feed everyone at feeding times. Storing daily portions, enough for all your cats, in glass mason jars in the freezer works well just be cautious when putting in warm water as glass will break with extreme temperature changes.
2. Always allow food to warm to room temperature OR add a bit of warm filtered water. DO NOT COOK OR MICROWAVE FOOD! Do NOT feed cold food to your cats.
3. Add the Daily supplements to each bowl with the food and you can add a bit more warm filtered water to aid in mixing. Once in the routine this will go quickly for you especially if you keep the supplements in an easy to reach place! Always keep your CLO, Salmon Oil and any other "refrigerate after opening" items in the refrigerator.
4. Make feeding time fun! Call them with a special call, fuss over them, and let them know you love them. And nothing says "I LOVE YOU!" like preparing a raw diet meal for you fur babies. Yes it's more hassle than dumping out a can of food or scooping out some dry kibble but the benefits are far far superior to any time you might "save". And the litter box clean up is so much easier it's all WELL worth it!!
5. If your cat is refusing the raw try mixing a small portion with their food of choice and once they are eating it regularly start reducing their favorite food and adding more raw food until only raw food remains. If your cat is a dry-food-a-holic try transitioning over to a quality grain-free canned product and then over to raw. Please contact us for more ideas.

A WORD OF CAUTION

Though we have researched nutrition, health and natural rearing we are not experts and we are not veterinarians. We ask that you use common sense and judgment



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feeding your pets and if you are in doubt ask your HOLISTIC veterinarian, or regular veterinarian, for advice. If you have concerns contact Pendraig Siberians IMMEDIATELY.

If your cat is sick please contact your veterinarian for instructions. We can offer you advice but not medical care.

Cats suffering from IBD or other illnesses may require psyllium husks for a short term period until their intestines and inflammation calm down. Please contact us if your cat is suffering from this or another illness before starting this regimen.

This booklet is comprised of our advice and is not to be considered medical instructions. We are not liable for any illness, death or other conditions your cat may experience. Always consult your veterinarian before changing your cat's diet or health regimen.